

SPA
SOUND BODY™ BY HARD ROCK

rock  spa®



This is more than a spa. It's an escape.

 retune yourself.

A quest to push reset. Through our lineup of signature treatments and amenities we stir the soul, relax the mind and rock the body.



rhythm and motion

SYNCHRONICITY

Utilizing greatest hits from yesterday to today, the treatment taps into memories to create an experiential journey, in sync with a performance of techniques, pressure and rhythm. The massage is infused with a choice of natural organic essential oils to reduce stress, ease muscle tension, and detoxify. [50 min/IDR 665,500nett](#) | [80 min/IDR 907,500nett](#)





A woman with dark hair is lying on her side on a white massage table, receiving a massage. Her eyes are closed, and she has a peaceful expression. The background is a soft-focus green outdoor setting. The word "massage" is written in white lowercase letters in the upper right corner, preceded by a blue circular logo consisting of three curved lines.

 massage

massage

HARD ROCK MASSAGE

Feel totally revved and ready to rock after our signature massage. A fusion of global massage styles including delicious ear reflexology, to get the blood pumping, purge impurities and deliver you with a renewed state of mind. [60min/IDR. 665,500net](#) | [90min/IDR. 907,500net](#)

TRADITIONAL BALINESE MASSAGE

Turn back the hands of time and experience the ancient healing techniques of Bali. It's survived this long so it must be good. Utilizing flowing, strokes, palm and thumb pressure to lull you into a wonderful state of tranquility. Guaranteed to put the grove back in your step.

[60min/ IDR. 665,500net](#) | [90min/IDR. 907,500net](#)

RETUNE YOURSELF

Feel the beat with this acoustic and vibratory sensation. Artfully combining Lomi Lomi massage techniques with the Suzu Gong. By holding the gong above or directly on top of the body we release energy blocks and achieve mind, body harmony. This session is complimented by the resonating sounds of Tibet.

[60min/IDR. 665,500nett](#) | [90mn/IDR. 907,500net](#)

RHYTHM STICKS

Misbehaving muscles beware; this massage uses bamboo rods of various sizes to destroy knots and eliminate built up tension. Rhythm Sticks combines the traditional benefits of massage and comforting heat through warmed oils. The perfect treat after a big night.

60min IDR. 665,500net | 90min IDR. 907,500net

HERBAL POULTICE MASSAGE

The herbal poultice treatment is inspired in a Thailand's tradition utilizing warmed poultices of herbs and spices that are steamed and applied directly to the body. The steam heating allows the natural essential oils and aromas of the herbs and spices to be released and provides the healing properties to the entire body, relaxing the muscles while stimulates blood circulation and energy flow. 90 min/IDR. 907,500net

TUINA (Dry Massage)

This fully-cloth treatment is a combination of Shiatsu and dry acupressure massage, working along meridians throughout the body, using stretches, pressure points, and joint rotations, to balance the body's vital energy.

60min IDR. 665,500net | 90min IDR. 907,500net





 body

body

WRAP ME-UP

Wonderful combination of a relaxing massage and a body scrub to regenerate, oxygenate and deeply balance your skin. Ideal for mature skin, thus counteracting signs of age. 90 min/IDR. 907,500net

SOFTLY DOES IT

Remove dead cells, after this treatment your skin will look smoother and feel softer. It is recommended before sun exposure to achieve an even tan.

30 min/IDR. 450,000nett



refresher

SOLE REVIVAL

Not your standard foot massage, at Rock Spa we deliver bliss to your feet through dedicated zone therapy incorporated with bamboo rod techniques and heated compresses. Get your dancing shoes ready.

60min/IDR. 423,500 net

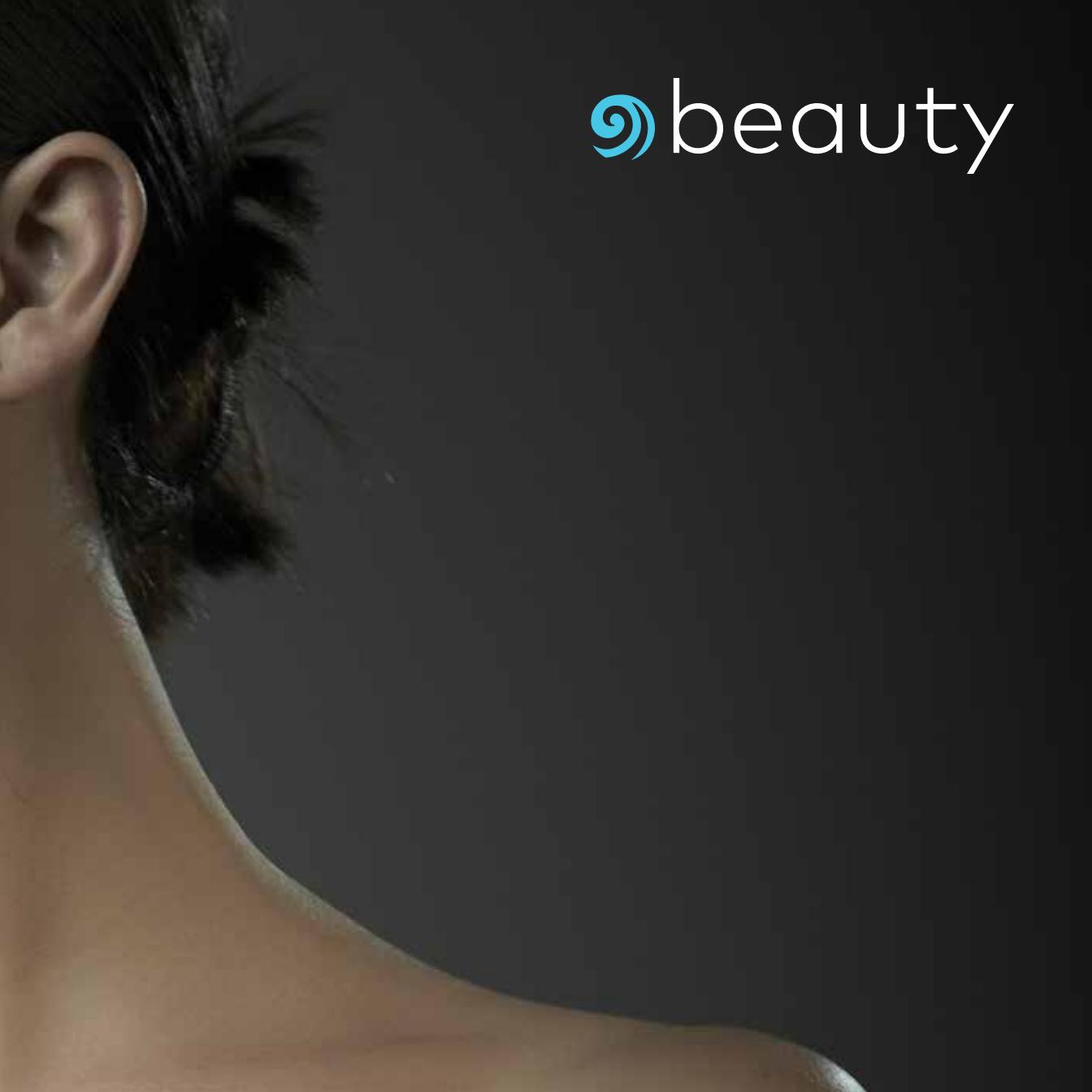
BRIEF ENCOUNTER

If you are strapped for time, a little indulgence is better than none at all. Designed to de-stress taut and tired shoulders and backs, this treatment may be short on time but it packs a powerful dose of healing energy.

45 min/IDR. 423,500net







 beauty

beauty

MANICURE

For perfectly presentable paws our manicure includes cleansing, shaping, hand care and color. [60 min/IDR. 423,500net](#)

PEDICURE

Put your best foot forward, this full service pedi includes cleansing, shaping, foot care and color. [60 min/IDR. 423,500net](#)

EXPRESS MANICURE

A quick fix to your fingernails that includes cutting and shaping. With nail color. [45 min/IDR. 320,650net](#)

EXPRESS PEDICURE

A quick fix to your toenails that includes cutting and shaping. With nail color. [45 min/IDR. 320,650net](#)

PUT ME ON 10!

You can wave goodbye to chipped nails with a gel polish! Express nail gel polish for finger or toe nails. [IDR. 465,850net](#)

TAKE IT OFF 10!

Your nails have grown out and you will start to notice. This is time to say good bye to your nail gel. [IDR. 242,000net](#)

how to rock spa

ETIQUETTE

We invite you to arrive at the Rock Spa at least 30 minutes before your scheduled spa or salon service to provide you with sufficient time to change, shower and steam if necessary. A robe, slippers, towels and a locker will be provided upon your arrival. If you choose, undergarments may be worn during treatments. However, all of our therapists are skilled in proper draping procedures to ensure your complete comfort and privacy at all times. Swimsuits are required for all bath services, no nudity is allowed in co-ed areas. If at any point a therapist feels a client is behaving inappropriately, the therapist is authorized to stop treatment immediately. We ask that you do not bring cell phones, pagers, jewelry, or valuables into the Rock Spa. Rock Spa and Hard Rock Hotel is not responsible for any lost or stolen property.

FEES & GRATUITY

All spa treatments include use of the facility, robe, slippers and a locker. For your convenience, a 10% service charge and 11% government tax have been added to the cost of your treatment. This service charge is dispersed to the spa staff members who served you during your visit. Services may be charged to your guestroom. We also honor cash and credit cards.





Monday - Sunday, 10am to 7pm daily

62.361.761.869

RESERVATIONS

For maximum convenience and flexibility, we recommend you schedule your spa sessions in advance. All appointments must be guaranteed with a credit card. Please indicate at time of booking if you have a preference for a male or female therapist and we will do our best to accommodate your request. Children under the age of 16 are not permitted in the spa/fitness facility. Young adults between the ages of 16 and 18 may schedule Spa appointments with their parent or guardian present during the treatment.

CANCELLATIONS

Because we reserve spa services specifically for you, we ask that you give 12 hours advance notice, should you need to change or cancel your appointment. Late cancellations or no-shows will be charged at full treatment price.

Rock Spa® at Hard Rock Hotel

Bali

Biloxii

Cancun

Davos

Daytona Beach

Desaru

Hollywood, Fl

Ibiza

Las Vegas

Panama Megapolis

Pattaya

Penang

Punta Cana

Riviera Maya

San Diego

Tampa

Tenerife

Vallarta



HARDROCKHOTELS.COM