

APPETIZERS

NACHOS CHIPS AND SALSA	8
TRICOLOR CHIPS CHEESE SAUCE SLICED JALAPENO TOMATO SALSA SOUR CREAM	
BLEU CHEESE GLAZED TATER TOTS	8
BLEU CHEESE CRUMBLES BACON BITS BALSAMIC DRIZZLE	
BLACKENED FISH TACOS	14
MAHI LETTUCE TOMATO PINEAPPLE SALSA SOUR CREAM HOUSE REMOULADE	
SHRIMP COCKTAIL	14
JUMBO SHRIMP HOUSE COCKTAIL SAUCE LEMON	

HOUSE MADE FRESH SALADS

SESSIONS HOUSE SALAD	12
MIXED GREENS GRAPE TOMATO CUCUMBER ONION GOAT CHEESE CANDIED PECAN DRIED CRANBERRIES CHOPPED BACON APPLE CIDER VINAIGRETTE	
CAPRESE SALAD	10
BABY SPINACH FRESH MOZZARELLA HEIRLOOM TOMATO BALSAMIC GLAZE PESTO SAUCE	
CAESAR SALAD	10
ROMAINE PARMIGIANO BANANA CROUTONS HOMEMADE DRESSING LEMON	
AVAILABLE ADD ONS:	
6 OZ. GRILLED SALMON	10
3 PCS GRILLED JUMBO SHRIMP	8
6 OZ. GRILLED CHICKEN	6
*SPICY TUNA POKE SALAD	16
SPRING MIX GRAPE TOMATO CUCUMBER FRIED ONION SEAWEEED SALAD SESAME SEEDS AVOCADO HONEY POKE SAUCE SPICY ASIAN DRESSING	

BURGERS AND SANDWICHES

SERVE WITH FRIES OR HOUSE SALAD

SESSIONS BURGER	14
8 OZ. BEEF PATTY AGED CHEDDAR LETTUCE TOMATO CRISPY ONION SESAME SEED BUN BOURBON BBQ SAUCE	
SURF AND TURF BURGER	16
4 OZ. BEEF PATTY CRAB CAKE PROVOLONE CHEESE LETTUCE TOMATO CRISPY ONION SESAME SEED BUN HOUSE REMOULADE	
SAVE THE PLANET BURGER	16
4 OZ. PLANT BASE PATTY ROASTED PEPPER LETTUCE TOMATO FRIED ONIONS BRIOCHE BUN CHIPOTLE MAYO	
BBQ PULLED PORK SANDWICH	12
COLESLAW PICKLE CHIPS SESAME SEED BUN	
PEPPER JACK CHICKEN SANDWICH	14
BLACKENED CHICKEN PEPPER JACK CHEESE BLUEBERRY BBQ SAUCE BRIOCHE BUN	
GRILLED FISH SANDWICH	18
MARKET FISH OF THE DAY AVOCADO SPREAD APPLEWOOD BACON LETTUCE TOMATO PLAIN BRIOCHE BUN HOUSE REMOULADE	

CHICKEN WINGS	15
SPICY OR MILD OR ASIAN BBQ SAUCE	
CRISPY CHICKEN TENDERS	10
SERVED WITH BBQ SAUCE AND FRIES	
CAJUN SHRIMP BASKET	14
BUTTERFLIED HAND BREADED SHRIMP COLESLAW HOUSE REMOULADE FRIES	
CRABCAKES	14
SPICY AIOLI PICKLED CUCUMBER	

ENTREE

CARIBBEAN SHRIMP	25
GRILLED JUMBO SHRIMP BLACK BEAN ARBORIO RICE SALSA VERDE TROPICAL SALSA	
BLACKENED SALMON	28
BLACK BEAN ARBORIO RICE GRILLED ASPARAGUS PINEAPPLE SALSA	
VEGETARIAN PASTA	18
CHOICE OF SPAGHETTI OR LINGUINI PASTA SPINACH ASPARAGUS GRAPE TOMATO PORTOBELLO TOMATO POMODORINA SAUCE TOASTED BAGUETTE PARMESAN	
FIRECRACKER MAC AND CHEESE	18
GRILLED CHICKEN CAVATAPPI PASTA CHEESE SAUCE DRY PEPPER FLAKES BACON BITS	

KIDS MENU

MOZZARELLA STICKS WITH MARINARA SAUCE	9
KIDS MAC AND CHEESE	8
CHEESEBURGER AND FRIES	9
CORN DOGS AND FRIES	7
HOT DOG AND FRIES	7
GRILLED CHEESE AND FRIES	7
SPAGHETTI AND MEATBALLS	9

PIZZA

	9 INCH	12 INCH
CHEESE	7	10
PEPPERONI	8	12